

These titles are either “on order” or already in the Library, and reserves may be placed now.

187 MEN TO AVOID

Dan Brown

Aug

Speaking of the Da Vinci Code (and who isn't?), rediscover Dan Brown's past... It's the most unavoidable novelty book of the year. Dan Brown wrote this book using the name Danielle Brown. This is a trade paperback re-issue and the first reprint since 1995.

AGELESS

Suzanne Somer

Oct

Backed by the expertise of prominent anti-aging doctors, AGELESS offers a concrete, accessible program for a life-time of optimal health and renewed vitality.

ASK SUPERNANNY: WHAT EVERY PARENT WANTS TO KNOW

Jo Frost

Sept

ASK SUPERNANNY provides troubleshooting on common problems. This is the only parenting book you'll ever need.

BALANCE OF LIVING WELL

Rose Reisman

Sept

The BALANCE OF LIVING WELL incorporates Rose's approach to overall health and wellness and total life balance through the 6 F's: Finances, Family, Fitness, Food, Friends, and Fashion.

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**BAREFOOT CONTESSA AT HOME: EVERYDAY
RECIPES YOU’LL MAKE OVER AND OVER AGAIN**

Ina Garten

Oct

Ina's latest batch of recipes strikes the perfect balance between casual comfort and elegance. Ina also invites the reader inside her home as never before.

BASEBALL BOOK/(SPORTS ILLUSTRATED)

Rob Fleder

Oct

This lavish coffee table volume brings to life the legendary players, the classic action and the great traditions of the Summer Game. The Baseball Book commemorates the epic teams and characters, the crucial plays and classic games, the personalities and performances and artifacts that have kept baseball at the heart of American sports for more than a century.

**BLOOD AND THUNDER: AN EPIC OF THE AMERICAN
WEST**

Hampton Sides

Oct

The author of the bestselling GHOST SOLDIERS returns with the epic chronicle of how the West was really won.

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**CITIZEN OF THE WORLD: THE LIFE OF PIERRE
ELLIOTT TRUDEAU, VOLUME ONE: 1919-1968**

John English

Oct

In Volume One of this masterful 2-volume biography, for which he was granted unrestricted, exclusive access for the first time to an enormous cache of private letters and papers, bestselling biographer John English gets behind the public record and glancing portraits of Trudeau that presently exist, to reveal the real man and the multiple influences that shaped his life.

**CONFIDENT WOMAN: START TODAY LIVING
BOLDLY AND WITHOUT FEAR**

Joyce Meyer

Sept

Bestselling author Joyce Meyer encourages women to boldly embrace all that God created them to be by finding their true confidence.

DIANA

Sarah Bradford

Oct

Bradford casts aside the gossip and lies and takes us to the very heart of the royal family to separate the myth from the truth of the Diana years.

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ENCHANTMENT: THE LIFE OF AUDREY HEPBURN

Donald Spoto

Sept

Lively, nuanced, and moving, ENCHANTMENT is the definitive life of the incomparable Audrey Hepburn by veteran Hollywood biographer Donald Spoto.

**ETHICAL IMAGINATION: JOURNEYS OF THE
HUMAN SPIRIT - THE 2006 CBC MASSEY LECTURES**

Margaret Somerville

Oct

In the 2006 CBC Massey Lectures - the renowned ethicist and McGill University professor Margaret Somerville, tackles some of the most contentious issues of our times, and proposes a brilliant new kind of ethical language and thought to help us navigate them.

**EXTRAORDINARY EVIL: A BRIEF HISTORY OF
GENOCIDE**

Barbara Coloroso

Dec

From bestselling author Barbara Coloroso comes a timely and essential book that surveys the history of genocide, and proposes the conditions that must exist in order to eradicate this evil from the world.

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**FIX-IT AND FORGET-IT 5-INGREDIENT FAVORITES:
COMFORTING SLOW COOKER RECIPES**

Phyllis Pellman Good

Jan

The new member in the multi-million copy FIX-IT AND FORGET-IT cookbook series!

FLU PANDEMIC AND YOU: A CANADIAN GUIDE

Dr. Vincent Lam and Dr. Colin Lee

Sept

Foreword by Margaret Atwood

Written by an emergency physician and a public health physician, The FLU PANDEMIC AND YOU is a frank and clear book about how to prepare for the next influenza pandemic, and how to understand the broader context in which the threat exists.

FREEDOM: THE STORY OF MY SECOND LIFE

Malika Oufkir and Linda Coverdale, translator

Oct

The long-awaited sequel to the Oprah Book Club pick Stolen Lives – a personal and revealing memoir by an extraordinary woman.

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GRACE WILL LEAD ME HOME

Robin Givens

Jan

Givens may be known for her abusive marriage to boxer Mike Tyson and its cataclysmic ending, but in this vividly evoked, intelligent memoir she makes it clear there is much more to her life. She recounts the legacy of life-threatening domestic violence that has haunted her family for three generations and how she has managed to survive, and ultimately thrive.

HAND TO GUIDE ME

Denzel Washington

Nov

In his debut as an author, Denzel Washington shares his personal story of mentoring and of the mentors who helped change his life.

HEALTHIEST KID IN THE NEIGHBORHOOD: DR. SEARS'S NINE WAYS TO GET YOUR FAMILY ON THE RIGHT NUTRITIONAL TRACK

William Sears M.D., Martha Sears R.N.,
James Sears M.D., and Robert Sears M.D.

Sept

From America's foremost childcare experts - a practical, appetizing, easy-to-follow eating plan for shaping children's tastes and metabolisms toward optimal health.

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HEART MATTERS

Adrienne Clarkson

Sept

Adrienne Clarkson grew up in Ottawa after her family escaped from Japanese-occupied Hong Kong in 1942. Decades later, she would become Canada's twenty-sixth Governor General. HEART MATTERS is more than a public life remembered - it chronicles an astonishing life through triumph and turmoil.

HERE'S JOHNNY

Ed McMahan

Sept

Ed McMahan tells the touching, turbulent, and laugh-out-loud funny story of his personal, professional, and public relationship with one of the most beloved icons in entertainment history.

HOW I WRITE: SECRETS OF A BESTSELLING AUTHOR

Janet Evanovich with Ina Yalof

Sept

A book of writing questions and answers that every aspiring writer will want to have on the bookshelf.

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HOW TO PAY LESS AND KEEP MORE FOR YOURSELF: THE ESSENTIAL CONSUMER GUIDE TO CANADIAN BANKING AND INVESTING

Rob Carrick

Dec

Written especially for Canadians, it is the definitive guide to getting the best possible deal on everything from savings accounts to mortgages to RRSPs.

HOW TO SEE YOURSELF AS YOU REALLY ARE

His Holiness the Dalai Lama

Dec

Here the Dalai Lama addresses Buddhist perspectives on how we hurt ourselves through misguided, exaggerated notions of self, others, events, and the physical world.

INNOCENT MAN: A TRUE STORY

John Grisham

Oct

The story of a young ballplayer, drafted by the Oakland A's, wrongfully convicted of murder, who spent 12 years on death row until exonerated by DNA 5 weeks before he was to be executed. He then died 5 years after he was released.

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**INSIDE MY HEART: CHOOSING TO LIVE WITH
PASSION AND PURPOSE**

Robin McGraw

Sept

Robin speaks directly to the heart of every woman and challenges her to recognize and develop her unique role to lead her to satisfaction with herself, her profession, her family and anything she strives after. Robin McGraw is the wife of television talk show host Dr. Phil McGraw.

INSTANT ENTERTAINING

Donna Hay

Oct

Donna Hay dishes up a luscious collection of innovative, easy-to-follow recipes and clever styling ideas guaranteed to remove the stress and return the fun to entertaining.

**IQ ANSWER: MAXIMIZING YOUR CHILD’S
POTENTIAL**

Dr. Frank Lawlis

Sept

Dr. Frank Lawlis shares his expert advice on how to unleash the power of mind. The IQ ANSWER will be a powerful tool for all those who want to be as successful as they can be.

JAMIE'S ITALY

Jamie Oliver

Nov

Bestselling author Jamie Oliver finally devotes an entire book to America's favourite cuisine - Italian!

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JOY OF COOKING

Irma S. Rombauer, Marion Rombauer Becker, Oct
Ethan Becker

With 500 completely new recipes and hundreds of recipes long edited out of previous editions, this is a brand-new, best-loved JOY OF COOKING.

LIFE AFTER DEATH: THE BURDEN OF PROOF

Deepak Chopra Oct

Deepak Chopra explores the ultimate mystery of human existence.

LIFE AND TIMES OF THE THUNDERBOLT KID: A MEMOIR

Bill Bryson Oct

From one of the most beloved and bestselling authors in the English language, a vivid, nostalgic and utterly hilarious memoir of growing up in the middle of the United States in the middle of the last century. A book that delivers on the promise that it is "laugh-out-loud funny".

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**LIFE IN THE BALANCE: MY JOURNEY WITH BREAST
CANCER**

Dr. Marla Shapiro

Sept

When a doctor becomes a patient: an intimate and candid journey through a battle with breast cancer, from one of Canada's most well-known and respected physicians.

LORD STANLEY: THE MAN BEHIND THE CUP

Kevin Shea and J. Jason Wilson

Oct

After witnessing a hockey game at the Montreal Winter Carnival in 1889, Lord Stanley and his family were smitten. In 1892, Lord Stanley announced that he would donate a trophy for the amateur hockey championship of Canada. Lord Stanley could not have predicted the immense impact his gift to hockey would have.

LOST: A SEARCH FOR SIX OF SIX MILLION

Daniel Mendelsohn

Sept

In this riveting epic narrative, a writer's quest for the truth behind his family's tragic past in World War II becomes a sweeping investigation into the meaning of memory, family, and history.

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LOVE AND LOUIS XIV: THE WOMEN IN THE LIFE OF THE SUN KING

Antonia Fraser

Oct

The superb historian and biographer Antonia Fraser, author of Marie Antoinette, casts new light on the splendor and the scandals of the reign of Louis XIV in this dramatic, illuminating look at the women in his life.

LUCY'S KITCHEN: SIGNATURE RECIPES AND CULINARY SECRETS

Lucy Waverman

Nov

Everyone should know how to fold in an egg white, stir a risotto, and roast the perfect chicken. LUCY'S KITCHEN will show you how.

MAKE IT RIGHT: INSIDE HOME RENOVATION WITH CANADA'S MOST TRUSTED CONTRACTOR

Mike Holmes

Nov

Holmes shows Canada's homeowners how to get it right the first time. He is the star of the HGTV program Holmes on Homes.

MARTHA STEWART'S HOMEKEEPING HANDBOOK

Martha Stewart

Nov

Provides practical, efficient, and instructive solutions for cleaning, maintaining, and caring for everything in the house.

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**MYSTICAL LIFE OF JESUS: AN UNCOMMON
PERSPECTIVE ON THE LIFE OF CHRIST**

Sylvia Browne

Nov

THE MYSTERIOUS LIFE OF JESUS is filled with the details of Jesus' inspiring life, including his birth, childhood, travels, ministry, miracles, crucifixion, death, and resurrection. She addresses all of the major controversies - Was he married? Was he divine? What did he do for the first thirty years of his life? Using her unique relationship with her spirit guide and her years studying the controversial Gnostic texts, Sylvia answers all of these questions with a confidence and authority only someone who has visited the afterlife would know.

NICOLE KIDMAN

David Thomson

Sept

A hugely revealing portrait of Nicole Kidman.

NIXON IN CHINA

Margaret MacMillan

Oct

In February 1972, Richard Nixon became the first American president to visit China, and his historic one-hour meeting with Mao Zedong made news around the world. Drawing on newly available material, MacMillan re-examines that fateful week and the extraordinary cast of characters.

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NO FAIL DIET

Leslie Beck, RD

Oct

The NO FAIL DIET is a nutritionally balanced, easy-to-follow diet plan that will help you lose up to 30 pounds in 12 weeks, achieve a weight that's right for you and keep it off. Featuring delicious recipes and a fitness plan to get started.

NO SHORTCUTS TO THE TOP: CLIMBING THE WORLD'S 14 HIGHEST PEAKS

Ed Viesturs with David Roberts

Oct

As Viesturs recounts the stories of his most harrowing climbs, he reveals a man torn between the flat, safe world he and his loved ones share and the majestic and deadly places where only he can go.

OUR BODIES, OURSELVES: MENOPAUSE

The Boston Women's Health Book Collective

Oct

Women have trusted OUR BODIES, OURSELVES for decades to provide the most honest and up-to-date information on everything from emotional well-being to birth control. Now the editors of the “bible” of women's health have created a book focused entirely on menopause.

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**PERFECT MESS: THE HIDDEN BENEFITS OF
DISORDER - HOW CRAMMED CLOSETS, CLUTTERED
OFFICES, AND ON-THE-FLY PLANNING MAKE THE
WORLD A BETTER PLACE**

Eric Abrahamson and David H. Freedman

Jan

A groundbreaking book that sheds new light on ideas of order - and shows how chaos, disorder, and mess make our world a better place!

**PHENOMENON: EVERYTHING YOU NEED TO KNOW
ABOUT PARANORMAL**

Sylvia Browne

Oct

In this fascinating A-Z compendium, Browne delivers to her fans a complete guide to all things paranormal.

**RACHAEL RAY 2, 4, 6, 8: 30-MINUTE MEALS FOR
COUPLES OR CROWDS**

Rachael Ray

Nov

The perfect meal is never more than 30 minutes away - no matter how many mouths you have to feed.

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RELUCTANT GENIUS: THE PASSIONATE LIFE AND INVENTIVE MIND OF ALEXANDER GRAHAM BELL

Charlotte Gray

Aug

Moving from the sooty streets of Edinburgh to the stifling parlours of Boston society to the isolated beauty of Baddeck, Nova Scotia, RELUCTANT GENIUS takes us on an intimate journey into the golden age of invention.

RIGHT SIDE UP: THE FALL OF PAUL MARTIN AND THE RISE OF STEPHEN HARPER'S NEW CONSERVATISM

Paul Wells

Oct

Paul Martin, a huge success as the Minister of Finance, goes from his new role as the leader of an all-powerful party with a huge majority all the way down to a retired also-ran. Stephen Harper, "unites the right", and inside three years rises to become prime minister against all odds.

ROOKIE: A SEASON WITH SIDNEY CROSBY AND THE NEW NHL

Shawna Richer

Oct

Sidney Crosby is a phenomenon! Bright, photogenic, personable, and the media love him.

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SINCE THEN, OR HOW I SURVIVED EVERYING AND LIVED TO TELL ABOUT IT

David Crosby

Oct

This memoir shows the contradictory aspects to a personality whose truth-to-power outspokenness, exuberance, and creativity have made him a great and inspirational artist, yet whose struggles with private demons have resulted in arrests, chronic health issues, and ruined friendships.

SOCIAL INTELLIGENCE: THE NEW SCIENCE OF HUMAN RELATIONSHIPS

Daniel Goleman

Sept

A groundbreaking book that synthesizes the latest findings in biology and brain science, revealing that we are "wired to connect", and showing the surprisingly deep impact of our relationships on every aspect of our lives.

SOUTH BEACH DIET PARTIES AND HOLIDAYS COOKBOOK

Arthur Agatston M.D.

Oct

Healthy entertaining is not a matter of deprivation, but of "simply making as many good choices as possible".

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**TIMS: THE UNTOLD STORY OF TIM HORTONS BY
THE MAN WHO CREATED A CANADIAN EMPIRE**

Ron Joyce with Robert Thompson

Aug

Donuts to dollars: for the first time, the inside story from the inspired man who created the Canadian cultural and business icon.

**TOO LATE TO SAY GOODBYE: A TRUE STORY OF
MURDER AND BETRAYAL**

Ann Rule

Jan

Jenn Corbin appeared to have it all. Then, in December 2004, Jenn was found dead with a bullet in her head, apparently by suicide. Rule - working in cooperation with victims' family, police investigators, and sources from Georgia to Australia - unravel the now-sensational death.

U2 by U2

U2

Sept

Designed by the creative team behind almost all of the record covers and promotional imagery, U2 by U2 is a dazzling anthology of their songs, stories, images, and memorabilia.

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WE ARE THEIR HEAVEN: WHY THE DEAD NEVER LEAVE US

Allison DuBois

May

In this book Allison explores both connection and communication between the living and the dead. This author is the real life person portrayed in the television show “Medium.”

WHY DOES MY DOG ACT THAT WAY?: A COMPLETE GUIDE TO YOUR DOG'S PERSONALITY

Stanley Coren

Dec

This book will look at the personality of dogs to determine what we know about their behaviour.

YOU ON A DIET: THE OWNER'S MANUAL FOR WAIST MANAGEMENT

Michael F. Roizen, Mehmet Oz

Oct

America's most trusted doctor team, now turn their considerable medical expertise to the subject of weight loss. Roizen and Oz give you the perfect dose of health information and go-for-it motivation to help you understand how your body processes food, why being fat isn't bad all the time, how hormones may play a bigger role than many of us realize, and whether or not the extreme options are worth it.

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**YOUNG TRUDEAU: 1919-1944: SON OF QUEBEC,
FATHER OF CANADA**

Max and Monique Nemni

June

This astonishing material is based on personal papers of Trudeau that the authors, retired professors who were also his friends, were allowed to study after his death.
